

MINNESOTA HIGH SCHOOL BOYS BEST PERFORMANCES IN 2007

List compiled by
Tim Miles, Saint John's University
Bill Miles, Wayzata High School

100 METERS

Jerrell Hancock	12	Anoka	10.58
Chris Anderson	12	Duluth Central	10.74
Clarence Suttle	12	St. Paul Johnson	10.82
Kevin Koglin	12	Hutchinson	10.87
Garrett Cora	12	Duluth East	10.89
Sean King	11	Cretin-Derham Hall	10.92
Joe Rancourt	11	Faribault	10.93
Matthew Dvorak	11	St. Croix Lutheran	10.95
Micah Andros	11	St. Peter	10.97
Brock Keaton	11	Hopkins	10.98
Sam Johnson	11	Wayzata	10.99
George Dudley	12	Hopkins	10.8
Alex Williams	12	Lester Prairie/Winsten HT	11.04
Charlie Hrdlicka	11	United North Central	11.04
Ethan Mignard	12	Meadow Creek Christian	11.05
Greg Klingelutz	11	Holy Family	11.06
Jeff Brunette	12	Mounds View	11.07
Alex Kisch	11	North St. Paul	11.07
Tyler Key	12	Apple Valley	11.07
Lekpea Kordah	10	St. Louis Park	11.08
ChiChi Ojika	10	Irondale	11.11
Trent Johnson	10	Moorhead	11.11
Bryce Prax	11	LeSueur-Henderson	11.11
Kyle Kosloske	12	Robbinsdale Armstrong	11.12
Cal Yanas	12	Eden Prairie	11.12
Jon Oie	12	Concordia Academy	11.12
Isaac Kolstad	11	Mankato East	11.14
Derek Ludwig	12	Alexandria	10.9
Zach Gran	11	Caledonia/Spring Grove	10.9
Josh Tomas	11	Crookston	10.9
Cameron Boy	10	Jordan	11.15
Mario Butler	11	Rochester Mayo	11.16
Josh Jackson	10	Farmington	11.17
Dillon Grant	11	Forest Lake	11.17
Caleb Rissman	11	Triton	11.18
Mason Matz	12	Sibley East	11.18
Ben Alphin	12	St. Paul Humboldt	11.19
Mike Schmidt	12	Andover	11.19
Jonny Weinrich	12	Plainview-Elgin-Millville	11.19
Michael Duncombe	12	Mounds View	11.20
Diahn Zeon	11	Richfield	11.20
Josh Carter	11	Duluth Denfeld	11.20
Kris Strang	12	Sauk Rapids-Rice	11.20
Omar Longoria	12	Dilworth-Glyndon-Felton	11.20
Nicholas Ward	12	Coon Rapids	11.21
Keraus Holiday	11	Minneapolis Southwest	11.21
Dennis Carter	12	Spring Lake Park/St. Anthony	11.22
Davo Obilade	10	Champlin Park	11.23
Brian Kiedrowski	11	Burnsville	11.23
Matt Swanson	11	Eden Prairie	11.23
Kris Adams	11	Barnum	11.23

200 METERS

B.J. Otto	12	Hill-Murray	21.42
Jerrell Hancock	12	Anoka	21.43
Sean King	11	Cretin-Derham Hall	21.74
Brock Keaton	11	Hopkins	21.77
Tyler Key	12	Apple Valley	21.91
Joe Rancourt	11	Faribault	21.93
Clarence Suttle	12	St. Paul Johnson	21.7
Jeff Brunette	12	Mounds View	21.95
Chris Anderson	12	Duluth Central	21.95
George Dudley	12	Hopkins	21.97
Nathan Keysser	10	Hopkins	21.97
Kyle Henderson	12	Robbinsdale Armstrong	21.8
Sam Johnson	11	Wayzata	22.26
Garrett Cora	12	Duluth East	22.33
Kevin Koglin	12	Hutchinson	22.1
Leon Cheneyon	11	Robbinsdale Cooper	22.34
Isaac Kolstad	11	Mankato East	22.36
Ethan Mignard	12	Meadow Creek Christian	22.38
Kris Strang	12	Sauk Rapids-Rice	22.45
ChiChi Ojika	10	Irondale	22.46
Alex Williams	12	Lester Prairie/Winsted HT	22.46
Javon Copley	12	Mounds View	22.48
Quinn Evans	12	Mounds View	22.50

Micah Andros	12	St. Peter	22.50
Cory Kessler	12	St. Michael-Albertville	22.51
Brad Kelley	12	Coon Rapids	22.3
Nicholas Ward	12	Coon Rapids	22.3
Tendeh Brownell	10	Osseo	22.3
Darren Thompson	11	Glencoe-Silver Lake	22.54
Paul Yerhot	11	Chaska	22.56
Mosic Greenprice	12	Buffalo	22.59
Bryce Prax	11	LeSueur-Henderson	22.60
Matthew Dvorak	11	St. Croix Lutheran	22.60
Charlie Hrdlicka	11	United North Central	22.62
Luke Skay	12	St. Cloud Apollo	22.63
Dan Holmgren	12	Andover	22.4
Jonathan Roberts	10	Robbinsdale Cooper	22.64
Brent Jansen	11	Renville County West	22.4
Jonny Weinrich	12	Plainview-Elgin-Millville	22.66
Robbie Wilson	12	Chaska	22.67
Antwan Hollie	10	Minneapolis South	22.67
Chris Spong	12	Bloomington Jefferson	22.67
Chris Weidenbacher	12	Monticello	22.69
Josh Jackson	10	Farmington	22.70
Cameron Boy	10	Jordan	22.70
Dalton Keep	11	Forest Lake	22.72
Brian Lewis	12	Rushford-Peterson/Houston	22.73
Kyle Winkelman	12	Foley	22.73
Andy Boersma	11	Willmar	22.5
Josh Wiseman	11	Champlin Park	22.74
Chris Stoks	11	Virginia/Mountain Iron-Buhl	22.5
Jon Hoese	12	Glencoe-Silver Lake	22.74

400 METERS

Quinn Evans	12	Mounds View	47.18
Jerrell Hancock	12	Anoka	48.36
Kevin Bradley	11	Mounds View	48.57
George Dudley	12	Hopkins	48.85
Cory Kessler	12	St. Michael-Albertville	48.89
Leon Cheneyon	11	Robbinsdale Cooper	49.00
Josh Wiseman	11	Champlin Park	49.05
Jordan Johnson	11	Tartan	49.06
Ben Pehling	12	Irondale	49.32
Andrew Baizer	11	Mounds View	49.45
Chris Anderson	12	Duluth Central	49.47
Isaac Tut	12	Northfield	49.76
Rashad McDonald	12	Robbinsdale Cooper	49.76
Chris Stoks	11	Virginia/Mountain Iron-Buhl	49.81
Zachary Alexander	10	Minneapolis Southwest	49.82
Sahr Matturi	12	Tartan	49.90
Cory Shufelt	11	Hutchinson	49.7
Matt Muenchow	11	Glencoe-Silver Lake	49.95
Nathan Keysser	10	Hopkins	49.96
Don Schaefer	12	Minnetonka	50.04
Matt Higgins	12	Chaska	50.08
Andy Wendroth	12	Zumbrota-Mazeppa	50.21
Derek Ludwig	12	Alexandria	50.24
Danny Klotz	12	Elk River	50.27
Ernest Dorsett	10	Woodbury	50.31
Paul Schreiner	11	New Life Academy	50.31
Otimio Masso	12	Farmington	50.33
Colby Citrowske	12	Canby/Minneota	50.43
Lance Arneson	11	Kingsland	50.56
Joey Heglund	11	Yellow Medicine East	50.56
Obai Hussein	11	Rosemount	50.57
Tyler Hanson	12	Brainerd	50.57
Adam Endres	12	Plainview-Elgin-Millville	50.57
Tyson Molitor	12	Sauk Centre	50.67
Dan Dieter	12	Tracy-Milroy-Balaton	50.69
Aron Welch	11	Winona	50.73
Chris Mathews	12	Woodbury	50.77
Mike Shelendich	12	Mounds View	50.82
John Bye	10	Moorhead	50.82
Maxwell McQuirter	12	Minneapolis South	50.87
John Kelly	12	Rochester Mayo	50.91
David Pachuta	12	Eastview	50.7
Mike Mueller	12	Hopkins	50.96
Isaac Veldkamp	11	Eden Prairie	50.97
Travis Pedersen	11	Worthington	50.99
Kennedy Maddox	9	Minnetonka	51.00
Josh Carter	11	Duluth Denfeld	51.00
Aaron Richter	10	Mankato West	51.03
Rob Field	11	Delano	51.04
Andy Scott	12	St. Francis	51.05

800 METERS

Andy Richardson	11	Irondale	1:51.60
Zach Mellon	10	Buffalo	1:51.87
Isaac Veldkamp	11	Eden Prairie	1:53.62
Jordan Carlson	11	Rosemount	1:53.88
David Pachuta	12	Eastview	1:53.96

Obai Hussein	11	Rosemount	1:54.04
Nick Hutton	11	Apple Valley	1:54.09
Mike Shelendich	12	Mounds View	1:54.37
Jonathan Stublaski	12	Henry Sibley	1:54.51
Ben Blankenship	12	Stillwater Area	1:54.58
Mike Mueller	12	Hopkins	1:54.99
Nick Ramberg	12	North Branch	1:55.08
Mustafa Yusuf	12	Willmar	1:55.49
Alex Wrobel	12	Mounds View	1:55.50
Robel Kebede	10	Minneapolis South	1:55.68
Tyler King	11	Lakeville North	1:55.73
Anthony Held	11	Elk River	1:55.94
Abdi Mohamed	12	Eden Prairie	1:56.10
Ben Garbers	12	North St. Paul	1:56.23
Tom Hoffman	12	Mahtomedi	1:56.24
Ned Brady	11	Minneapolis De La Salle	1:56.24
Aaron Gorman	12	Park Center	1:56.55
Kevin Bradley	11	Mounds View	1:56.70
Ian Campbell	12	Blooming Prairie	1:56.85
Kaafi Adeys	12	Willmar	1:56.86
Rob Finnerty	11	Burnsville	1:57.18
John Paul Vaith	12	Hastings	1:57.25
Denny Meints	12	Pine Island	1:57.31
Abdi Awale	12	Willmar	1:57.36
Lloyd Gbahtuo	12	Spring Lake Park/St. Anthony	1:57.40
Kevin Ragborg	12	Lakeville South	1:57.41
Doug Debold	12	Hopkins	1:57.42
Jeff Janssen	11	Fairmont	1:57.43
Paul Hilsen	12	Lakeville South	1:57.56
Dan Starke	10	Mankato West	1:57.61
Mitch Lorenz	11	Brainerd	1:57.62
Luke Delaney	11	Brainerd	1:57.64
Tyler Leverington	12	Roseau	1:57.78
Colin Carpenter	11	Minneapolis De La Salle	1:57.86
Evan Kearney	11	Minneapolis South	1:57.87
Harun Abda	9	Fridley	1:57.89
Tom Burke	12	Edina	1:57.95
Sam Shidla	12	Mound Westonka	1:57.9
Moses Heppner	10	Warroad	1:58.23
Jackson Wiley	12	Eden Prairie	1:58.30
Dominick Rosario	11	Edina	1:58.54
Reid Gilbertson	11	Stillwater Area	1:58.62
Harry Backlund	12	St. Paul Highland Park	1:58.67
David Haugen	12	Moorhead	1:58.68
Andy Wendroth	12	Zumbrota-Mazeppa	1:58.68

1600 METERS

Rob Finnerty	11	Burnsville (4:10.49 mile)	4:08.84c
Ben Blankenship	12	Stillwater Area	4:09.10
(Blankenship also ran 3:51.11 1500 meters, equal to 4:07.94 1600)			
Paul Hilsen	12	Lakeville South (4:11.04 mile)	4:09.39c
Elliott Heath	12	Winona	4:10.29
Andy Richardson	11	Irondale	4:10.78
Jordan Carlson	11	Rosemount (4:14.72 mile)	4:13.04c
Ryan Little	12	Eden Prairie	4:13.54
T.C. Lumbar	12	Edina	4:13.98
Hassan Mead	12	Minneapolis South	4:14.17
Matt Yak	12	Northfield	4:15.20
Tom Burke	12	Edina	4:15.44
Doug Debold	12	Hopkins	4:16.70
Tyler King	11	Lakeville North	4:17.25
Jackson Wiley	12	Eden Prairie	4:17.64
Kaafi Adeys	12	Willmar	4:17.9
Zach Mellon	10	Buffalo	4:19.05
Jonathan Stublaski	12	Henry Sibley	4:20.02
Travis Burkstrand	11	Eastview	4:20.37
Donny Wasinger	11	Winona Cotter	4:20.84
Pieter Gagnon	12	Minneapolis Washburn	4:21.76
Aaron Gorman	11	Park Center	4:21.77
Mike Howard	12	North St. Paul	4:22.00
Richie Mark	12	Red Wing	4:22.19
Harry Backlund	12	St. Paul Highland Park	4:22.24
Nick Succedo	12	Henry Sibley	4:22.25
Mahad Hassan	10	Willmar	4:22.69
Mike Shelendich	12	Mounds View	4:22.88
Matt Volz	12	Lakeville South	4:22.99
Michael Hutton	11	Apple Valley	4:23.02
Dan Docherty	11	Cretin-Derham Hall	4:23.16
Ian Campbell	12	Blooming Prairie	4:23.76
Kyle Neumann	12	Andover	4:24.01
Travis Beniak	11	Zumbrota-Mazeppa	4:24.65
Obai Hussein	11	Rosemount	4:24.69
Justin Tyner	12	Brainerd	4:24.78
Tom Pesch	11	Plainview-Elgin-Millville	4:24.88
Dustin Franta	12	La Crescent	4:25.04
Marcus Piepho	12	Mankato Loyola	4:25.13
Josh Letofsky	12	Osseo	4:25.68
Andrew Quinn	12	Benilde-St. Margaret	4:25.71

David Pachuta	12	Eastview	4:25.72
Ben Wilson	12	Alexandria	4:26.01
Tyler Leverington	12	Roseau	4:26.11
Alex Wrobel	12	Mounds View	4:27.12
Joe Wells	11	Minneapolis Southwest	4:27.18
Kyle Buck	12	Kenyon-Wanamingo	4:27.29
Kevin Lachowitz	11	Perham	4:27.37
Justin Peters	12	Redwood Valley	4:27.44
Wade Hassel	12	Mounds View	4:27.54
Craig Kiefer	12	Grand Meadow-L-O-S	4:27.56

3200 METERS

Elliott Heath	12	Winona (8:46.12 2M)	8:42.81
Hassan Mead	12	Minneapolis South (8:51.23)	8:47.89
Rob Finnerty	11	Burnsville (8:59.15 2M)	8:55.76
T.C. Lumbar	12	Edina	9:06.69
Ryan Little	12	Eden Prairie	9:11.19
Tom Burke	12	Edina	9:11.36
Jackson Wiley	12	Eden Prairie	9:12.00
Ben Blankenship	12	Stillwater Area	9:15.46
Kaafi Adeys	12	Willmar	9:16.92
Matt Yak	12	Northfield	9:18.90
Michael Hutton	11	Apple Valley	9:22.05
Jonathan Stublaski	12	Henry Sibley	9:23.71
Donny Wasinger	11	Winona Cotter	9:24.88
Andrew Quinn	12	Benilde-St. Margaret	9:26.79
Kevin Lachowitz	11	Perham	9:29.08
Dustin Franta	12	La Crescent	9:29.29
Mahad Hassan	10	Willmar	9:29.96
Pieter Gagnon	11	Minneapolis Washburn	9:30.10
Travis Burkstrand	11	Eastview	9:32.53
Dan Docherty	11	Cretin-Derham Hall	9:32.83
Travis Beniak	11	Zumbrota-Mazeppa	9:34.39
Mohamed Bedel	12	Willmar	9:35.21
Joe Wells	11	Minneapolis Southwest	9:37.18
Tom Pesch	11	Plainview-Elgin-Millville	9:37.49
Jon Lambert	12	Wayzata	9:39.26
Zach McGill	12	Hopkins	9:39.47
Mike Howard	12	North St. Paul	9:40.91
Wade Hassel	12	Mounds View	9:41.10
Tyler King	11	Lakeville North	9:41.39
Drew Paradis	10	Alexandria	9:42.58
Andy Richardson	11	Irondale	9:42.7
Kyle Buck	12	Kenyon-Wanamingo	9:43.45
Kyle Neumann	12	Andover	9:43.53
Anthony Bongaard	12	Redwood Valley	9:43.90
John Davis	12	Eden Prairie	9:45.12
Jacob Henderson	12	Yellow Medicine East	9:45.68
Josh Letofsky	12	Osseo	9:45.94
Marcus Piepho	12	Mankato Loyola	9:45.99
Tyler Rose	11	Brainerd	9:46.62
Eric Thies	12	Sibley East	9:46.64
Kyle Schmidt	11	Hutchinson	9:46.78
Jeff Lee	12	Stillwater Area	9:47.04
Josh Kaul	11	Stillwater Area	9:47.34
Ryan Evans	10	Centennial	9:47.59
Mike Callan	11	Park	9:48.09
Ellis Richardson	11	Roseville Area	9:48.25
Chris Massey	10	Rosemount	9:48.44
Nick Nygaard	11	St. Michael-Albertville	9:48.74
Danny Ducharme	10	Wayzata	9:49.04
Richie Mark	12	Red Wing	9:49.10

110 METER HURDLES

Sean Duling	12	Mounds View	14.43
Kevin Wolf	12	Spring Lake Park/St. Anthony	14.48
Dan Fragodt	12	Benson/K-M-S	14.64
Matt Reeve	12	Fairmont	14.65
Nick Spaeth	11	Montevideo	14.66
Matthew Weeks	11	Moorhead	14.75
Kedrick White	12	Roseville Area	14.81
Austin Delaney	11	St. Louis Park	14.81
Alex Bell	12	Rosemount	14.85
Mark Stockhowe	12	Burnsville	14.86
Drew Daggett	12	Frazee	14.89
Paul Mallory	11	Fairmont	14.7
Terrell Woitas	11	Mankato East	14.96
Jeremy Davis	12	Champlin Park	15.00
Robert Gunderson	11	Eden Prairie	15.03
Blake Wageman	12	Austin	15.05
Patrick Keyes	12	Blaine	15.06
Matt Griswold	12	Totino Grace	15.06
Paul Daniely	11	Moorhead	15.09
Zach Flies	11	Plainview-Elgin-Millville	15.11
Laquane Robinson	10	Brooklyn Center	15.11
Drew Feuk	11	New Prague	15.12
Andrew Lundberg	12	Owatonna	15.18

Kyle Tjepkes	12	Plainview-Elgin-Millville	15.18	Spring Lake Park/St. Anthony	43.21
Ben Rosenstein	12	Burnsville	15.20	Faribault	43.30
John Bye	10	Moorhead	15.22	Wayzata	43.30
Mike Schmitz	12	Stewartville	15.22	White Bear Lake	43.46
Jacob Murphy	12	Irondale	15.28	North St. Paul	43.47
Kyle Moore	12	Cretin-Derham Hall	15.30	Forest Lake	43.47
Mike Rausch	12	White Bear Lake	15.30	Anoka	43.55
Tyson McArthur	12	Mahnomen/Waubun	15.30	Farmington	43.77
Curt Lederle	11	Edina	15.1	St. Croix Lutheran	43.78
Kevin Hayes	10	Buffalo	15.36	Bloomington Jefferson	43.79
Josh Underwood	12	Shakopee	15.36	Hutchinson	43.83
Max Hendricks	12	Mankato East	15.39	Eden Prairie	43.83
Peter McKeown	11	Hill-Murray	15.41	Delano	43.84
Mosic Greenprice	12	Buffalo	15.42	Bloomington Kennedy	43.89
Zach Clafin	12	Two Harbors	15.42	Burnsville	43.89
Jon Knight	11	Proctor	15.43	St. Cloud Apollo	43.89
Sam Samounetry	10	Hopkins	15.44	Woodbury	44.04
Luke Buchholz	12	Ottertail Central	15.45	Minneapolis Washburn	44.04
Eric Spengler	11	St. Croix Lutheran	15.49	Irondale	44.14
Zach Boettcher	12	St. Cloud Cathedral	15.49	Robbinsdale Cooper	44.20
Preston Schlegel	12	Hopkins	15.50	Hawley/Ulen-Hitterdal	44.23
Zac Nielsen	12	Zimmerman	15.51	Eastview	44.28
Snonsie Boyd-Weah	10	Park Center	15.54	Tartan	44.28
James Froehle	12	Robbinsdale Armstrong	15.54	Alexandria	44.32
John Knebel	12	Pillager	15.3	Mankato East	44.34
Mike Bredeson	11	Litchfield	15.56	Blaine	44.34
Justin Hunt	12	Bemidji	15.59	Sauk Rapids-Rice	44.34
				Rochester John Marshall	44.35
				Roseville Area	44.35
				Maple Grove	44.39
				St. Peter	44.39
				Buffalo	44.42
				Moorhead	44.43
				Trinity School at River Ridge	44.44
				St. Louis Park	44.45
				St. Paul Johnson	44.46
				Foley	44.50
				Rochester Century	44.51
				Hastings	44.52
				Glencoe-Silver Lake	44.52
				Kenyon-Wanamingo	44.59
				Stillwater Area	44.61
				Brooklyn Center	44.4

300 METER HURDLES

Matt Griswold	12	Totino Grace	38.25	Mounds View	1:27.77
Nicholas Dalske	11	Coon Rapids	38.33	Hopkins	1:28.42
Mosic Greenprice	12	Buffalo	38.36	Irondale	1:28.94
Sean Duling	12	Mounds View	38.71	Robbinsdale Armstrong	1:28.94
Drew Daggett	12	Frazee	38.87	Osseo	1:29.24
Blake Wageman	12	Austin	38.99	Farmington	1:29.59
Matthew Weeks	11	Moorhead	39.05	Mankato East	1:29.63
Matt Reeve	12	Fairmont	39.17	St. Paul Johnson	1:29.72
John Knebel	12	Pillager	39.23	Tartan	1:29.80
Mark Stockhowe	12	Burnsville	39.62	Burnsville	1:29.95
Mike Rausch	12	White Bear Lake	39.67	Andover	1:30.04
Jeremy Davis	12	Champlin Park	39.69	St. Louis Park	1:30.51
Patrick Keyes	12	Blaine	39.80	Glencoe-Silver Lake	1:30.53
Laquane Robinson	10	Brooklyn Center	39.85	Anoka	1:30.57
Dan Fragodt	12	Benson/K-M-S	39.86	Blaine	1:30.71
Nick Spaeth	11	Montevideo	39.91	Chaska	1:30.83
Paul Mallory	11	Fairmont	39.92	Champlin Park	1:30.91
Adam Rondeau	12	Eastview	39.94	North St. Paul	1:30.97
Josh Zitzmann	10	Farmington	39.97	Wayzata	1:31.07
Andrew Lundberg	12	Owatonna	40.07	Spring Lake Park/St. Anthony	1:31.24
Kalo Washington	10	Robbinsdale Cooper	40.11	Robbinsdale Cooper	1:31.0
Mike Schmitz	12	Stewartville	40.12	Forest Lake	1:31.40
John Bye	10	Moorhead	40.14	Sartell-St. Stephen	1:31.41
Alex Bell	12	Rosemount	40.29	Mankato West	1:31.50
Greg Kufahl	10	Hopkins	40.30	White Bear Lake	1:31.53
Herbert Perkins	11	Shakopee	40.31	Frazee	1:31.5
Don Schaefer	12	Minnetonka	40.32	Faribault	1:31.75
Ben Uphoff	12	Luverne	40.40	Buffalo	1:31.80
Jason Mooty	11	Eden Prairie	40.41	Plainview-Elgin-Millville	1:31.89
John Blackshear	11	Minneapolis Southwest	40.42	Coon Rapids	1:31.91
Kyle Tjepkes	12	Plainview-Elgin-Millville	40.45	Chatfield	1:32.04
Brady Roden	11	Foley	40.47	Fridley	1:32.05
Max Hendricks	12	Mankato East	40.48	Concordia Academy	1:32.13
Lucas Torres	12	Blue Earth Area	40.3	Providence Academy	1:32.18
Snonsie Boyd-Weah	10	Park Center	40.56	Minnetonka	1:32.19
Marvin Matthews	11	Roseville Area	40.61	Moorhead	1:32.25
Dan Homstad	12	Duluth East	40.61	Woodbury	1:32.27
Drew Dietrich	12	Andover	40.66	Duluth Central	1:32.38
Josiah Powell	12	St. Cloud Cathedral	40.70	Richfield	1:32.58
Kevin Wolf	12	Spring Lake Park/St. Anthony	40.5	LeSueur-Henderson	1:32.58
Peter McKeown	11	Hill-Murray	40.76	Yellow Medicine East	1:32.58
Steve Groskreutz	11	Faribault	40.81	Hastings	1:32.60
Josh Lee	12	Rochester Century	40.81	Rochester Century	1:32.4
Caleb Giesen	11	LeSueur-Henderson	40.83	Sibley East	1:32.66
Carter Hanlon	12	Duluth East	40.91		
Robert Gunderson	11	Eden Prairie	40.95		
Evan James	12	Woodbury	41.00		
Dustin Meyer	12	Sibley East	41.02		
Cody Schlecht	12	Canby/Minneota	41.13		
Justin Hunt	12	Bemidji	41.18		

400 METER RELAY

Cretin-Derham Hall	42.80		
Hopkins	42.84		
Robbinsdale Armstrong	42.89		
Mounds View	43.00		
Fridley	43.06		
Andover	43.07		
Osseo	43.11		

800 METER RELAY

Mounds View	1:27.77
Hopkins	1:28.42
Irondale	1:28.94
Robbinsdale Armstrong	1:28.94
Osseo	1:29.24
Farmington	1:29.59
Mankato East	1:29.63
St. Paul Johnson	1:29.72
Tartan	1:29.80
Burnsville	1:29.95
Andover	1:30.04
St. Louis Park	1:30.51
Glencoe-Silver Lake	1:30.53
Anoka	1:30.57
Blaine	1:30.71
Chaska	1:30.83
Champlin Park	1:30.91
North St. Paul	1:30.97
Wayzata	1:31.07
Spring Lake Park/St. Anthony	1:31.24
Robbinsdale Cooper	1:31.0
Forest Lake	1:31.40
Sartell-St. Stephen	1:31.41
Mankato West	1:31.50
White Bear Lake	1:31.53
Frazee	1:31.5
Faribault	1:31.75
Buffalo	1:31.80
Plainview-Elgin-Millville	1:31.89
Coon Rapids	1:31.91
Chatfield	1:32.04
Fridley	1:32.05
Concordia Academy	1:32.13
Providence Academy	1:32.18
Minnetonka	1:32.19
Moorhead	1:32.25
Woodbury	1:32.27
Duluth Central	1:32.38
Richfield	1:32.58
LeSueur-Henderson	1:32.58
Yellow Medicine East	1:32.58
Hastings	1:32.60
Rochester Century	1:32.4
Sibley East	1:32.66

Proctor	1:32.79
Caledonia/Spring Grove	1:32.84
Stewartville	1:32.95
Bloomington Kennedy	1:32.97
Rosemount	1:33.03
Stillwater Area	1:33.03
Roseville Area	1:33.03
New Life Academy	1:33.03

1600 METER RELAY

Mounds View	3:14.47
(Evans, Shelendich, Bradley, Balzer)	
Hopkins	3:21.54
Tartan	3:21.84
Robbinsdale Cooper	3:23.13
Buffalo	3:23.32
Minnetonka	3:23.62
Rosemount	3:24.01
Elk River	3:24.32
Hastings	3:25.15
Eden Prairie	3:25.48
United South Central-AC	3:26.61
Shakopee	3:25.54
Eagan	3:25.72
Stillwater Area	3:25.96
Robbinsdale Armstrong	3:26.09
Fairmont	3:26.20
Concordia Academy	3:26.22
Andover	3:26.31
Osseo	3:26.56
Willmar	3:26.72
Lanesboro/Fillmore Central	3:26.80
Chaska	3:26.94
Farmington	3:27.06
Plainview-Elgin-Millville	3:27.41
Coon Rapids	3:27.42
Irondale	3:27.50
Eastview	3:27.60
Austin	3:27.62
Woodbury	3:27.68
Totino Grace	3:27.71
Burnsville	3:27.74
Prior Lake	3:28.04
Sartell-St. Stephen	3:28.06
Mankato West	3:28.10
Lakeville South	3:28.13
Tracy-Milroy-Balaton	3:28.27
Sauk Centre	3:28.58
Chatfield	3:28.60
Pine Island	3:28.62
Yellow Medicine East	3:28.64
Moorhead	3:28.72
Zumbrota-Mazeppa	3:28.87
Minneapolis South	3:28.90
Walker-Hackensack-Akeley	3:29.43
Foley	3:29.46
Minneapolis De La Salle	3:29.50
Rochester Mayo	3:29.61
Hutchinson	3:29.6
Duluth East	3:29.86
Apple Valley	3:29.93

3200 METER RELAY

Willmar	7:42.24
(Yusuf, Awale, Adeys, Coquet)	
Mounds View	7:45.95
(Evans, Bradley, Wrobel, Shelendich)	
Lakeville South	7:53.79
Apple Valley	7:54.52
Eastview	7:54.71
Pine Island	7:56.21
Buffalo	7:56.50
Rosemount	7:57.55
Eden Prairie	7:59.60
Moorhead	8:00.20
Stillwater Area	8:00.42
Fairmont	8:00.70
Edina	8:01.00
North Branch	8:01.07
Hastings	8:01.53
Minnetonka	8:02.02
Hopkins	8:02.46
Zumbrota-Mazeppa	8:02.54
Brainerd	8:02.71
Osseo	8:03.28
Spring Lake Park/St. Anthony	8:03.66
Woodbury	8:04.09
Concordia Academy	8:04.27

Redwood Valley	8:04.70
Roseville Area	8:05.77
Warroad	8:06.06
Grand Rapids	8:06.24
Duluth East	8:06.25
Foley	8:07.12
Wayzata	8:08.11
Minneapolis De La Salle	8:08.48
Robbinsdale Armstrong	8:08.50
Burnsville	8:08.58
Bemidji	8:08.99
Morris Area	8:09.09
Plainview-Elgin-Millville	8:11.87
Sauk Centre	8:12.84
Esko	8:13.44
Delano	8:14.15
Forest Lake	8:14.66
Park Center	8:15.01
Richfield	8:15.06
North St. Paul	8:14.9
Holy Family Catholic	8:15.64
Rochester Mayo	8:16.12
Minnehaha Academy	8:16.19
Fridley	8:18.19
Irondale	8:18.3
Maple Grove	8:18.93
White Bear Lake	8:19.08

LONG JUMP

B.J. Otto	12	Hill-Murray	24-8 ¼
Tommy McNamara	12	Mounds View	23-8
Tony Johnson	11	New Prague	22-9 ½
Zach Bork	11	Rocori	22-7
Kellen McCrary	12	Bloomington Kennedy	22-5 ¼
Alex Farber	12	Little Falls	22-5
Dennis Carter	12	Spring Lake Park/St. Anthony	22-4 ¾
Dominique Johannessen-Hawkins	12	Robbinsdale Armstrong	22-4 ¾
Nick Vignalo	12	Roseville Area	22-4 ¼
Robbie Wilson	12	Chaska	22-2
Wendell Booth	11	Grand Rapids	22-1
Tyler Mattai	12	White Bear Lake	22- ¼
James Iverson	10	St. Cloud Apollo	21-11 ½
Eric Rose	12	Glencoe-Silver Lake	21-10 ¾
Maxwell McQuirter	12	Minneapolis South	21-10 ½
Mark Bader	12	Burnsville	21-10 ¼
Dayo Ologunde	12	Rosemount	21-10
Andy Blaufuss	11	North St. Paul	21-9
Michael Woods	12	Spring Lake Park/St. Anthony	21-8 ¾
Mike Schmidt	12	Andover	21-8 ½
Luke Buchholz	12	Ottertail Central	21-8 ¼
Jordan Campa	9	St. Michael-Albertville	21-8
Ben Alphin	12	St. Paul Humboldt	21-8
Casey Lipp	11	Breckenridge/Campbell-Tintah	21-7 ¾
Erich Johnston	11	Burnsville	21-7 ½
Alex Williams	12	Lester Prairie/Winsted HT	21-7 ¼
Christian Metz	10	Cambridge-Isanti	21-7
Andrew Taubel	11	Wabasha-Kellogg	21-6 ¾
Omar Longoria	12	Dilworth-Glyndon-Felton	21-6 ½
Michael Duncombe	12	Mounds View	21-6 ¼
Alex Kisch	11	North St. Paul	21-4 ½
Michael Ross	12	Osseo	21-3 ¾
Caleb Rissman	11	Triton	21-3
Alex Bade	12	Big Lake	21-2
Dan Johnson	12	Yellow Medicine East	21-2
Zach Martins	12	Lakeville South	21-1
Jason Bannerman-Thompson	12	Roseville Area	21- ¾
Jack Trebelhorn	11	Alexandria	21- ¾
Matt Gustafson	12	Faribault	21- ½
T.J. Howard	12	Lakeville South	21- ½
Josh Thomas	11	Crookston	20-11 ½
DeWarren Harris	12	White Bear Lake	20-11 ¼
Devonte Davis	10	Cretin-Derham Hall	20-11
Tyler Key	12	Apple Valley	20-11
Tim Yeh	12	Brainerd	20-10 ¾
Collin Miller	12	Northfield	20-10 ½
Jason Adelsman	11	Fergus Falls	20-10 ½
David Tilton	12	Anoka	20-10 ¼
Cory Hanson	12	Willmar	20-10
Mike Leslie	10	Blaine	20-10
Nicholas Ward	12	Coon Rapids	20-10
Tim Saxon	12	Minneapolis Henry	20-10

TRIPLE JUMP

Tommy McNamara	12	Mounds View	48-5 ¼
B.J. Otto	12	Hill-Murray	47-4 ¾
Robbie Wilson	12	Chaska	46-2 ½
Michael Woodward	12	Burnsville	46-0
Austin Delaney	11	St. Louis Park	45-4 ¼
Tony Johnson	11	New Prague	45-4

Cory Hanson	12	Willmar	45-3
Michael Woods	12	Spring Lake Park/St. Anthony	44-8 ½
Ryan Boeddeker	12	Owatonna	44-7
Brady Hannigan	12	North St. Paul	44-6 ¾
Dan Smelter	12	Stewartville	44-6
Addison Demer	12	Tartan	44-5
Julian Chike	12	Rochester Century	44-4 ¾
Ben Johnson	12	Roseville Area	44-4 ¾
Aalix Dyddell	12	Rochester Century	44-1 ½
Kenny Schofield	10	Cotton/Cherry	43-10
Adam Michel	11	New Prague	43-9 ¼
Omar Longoria	12	Dilworth-Glyndon-Felton	43-7
Sam Gilsrud	12	Mahtomedi	43-6 ¼
Tony Schepers	12	Holy Family Catholic	43-5
John Oberg	11	Burnsville	43-4 ½
Henry Ndikum	11	West Lutheran	43-4 ½
Cecil Doe	10	Wayzata	43-3 ¾
Dan Johnson	12	Yellow Medicine East	43-3
Bertrand Doh	12	Andover	43-2 ¾
Jordan Waiwaiole	11	Spring Lake Park/St. Anthony	43-1 ¾
Ben Bursaw	11	St. Louis Park	43-1 ¾
Mark Bader	12	Burnsville	43- ¼
Mike Bredeson	11	Litchfield	43-0
Jake Bahnmler	12	Warroad	42-11 ½
Cooper Wahlo	10	Woodbury	42-11 ¼
Jordan Jarland	9	Lanesboro/Fillmore Central	42-11
Travis Pedersen	11	Worthington	42-10 ½
Bryce Thomsen	12	Russell-Tyler-Ruthton/Lk Benton	42-10 ¼
Tommy Udermann	11	Foley	42-10 ¼
Erich Johnston	11	Burnsville	42-9 ¾
Alex Bade	12	Big Lake	42-9 ¼
Tyler Mattai	12	White Bear Lake	42-9
Wendell Booth	11	Grand Rapids	42-9
Robert Gunderson	11	Eden Prairie	42-8 ½
Deuntae Broadnax	11	Buffalo	42-6 ¾
Kolt Therkilson	11	New London-Spicer	42-6 1/4
Adam Magnuson	12	Eden Valley-Watkins/Kimball	42-5 ¾
Steve Halvorson	12	Concordia Academy	42-5 ½
Jack Trebelhorn	11	Alexandria	42-5 ¼
Dustin Jordan	12	Zimmerman	42-5+
Laquane Robinson	10	Brooklyn Center	42-4 ¾
Eric Dack	12	Montevideo	42-4 ¼
Drew Nelson	11	Tracy-Milroy-Balaton	42-4
Brent Hansen	11	Sartell-St. Stephen	42-3 ½
Mike Leslie	10	Blaine	42-3 ¼

HIGH JUMP

Derek Jerde	10	Chaska	6-8
Matt Clauer	12	Elk River	6-7 ½
Ryan Boeddeker	12	Owatonna	6-6
Mike Bredeson	11	Litchfield	6-5 ¼
Michael Harley	11	Stillwater Area	6-5
Jacob Murphy	12	Irondale	6-5
Brady Hannigan	12	North St. Paul	6-5
Ryan Barnes	11	Brainerd	6-5
Drew Daggett	12	Frazee	6-5
Andrej Tomasek	12	Pillager	6-5
Colin Belcher	12	Hopkins	6-4 ¾
Marcus Dennis	12	Walker-Hackensack-Akeley	6-4 ½
Julian Chike	12	Rochester Century	6-4
Andrew Storsveen	12	Winona	6-4
Tony Johnson	11	New Prague	6-4
Luke Parker	9	Eagan	6-4
Drew Benson	9	Park	6-4
Tommy McNamara	12	Mounds View	6-4
Mike Lien	12	Mounds View	6-4
Isaac Hoffman	12	White Bear Lake	6-4
Kyle Paradis	12	White Bear Lake	6-4
Andrew Bates	12	Robbinsdale Armstrong	6-4
Mike Nielson	11	Sartell-St. Stephen	6-4
Cory Stauffer	12	Blue Earth Area	6-4
Jacob Kieper	12	Cedar Mountain/C-S	6-4
Dale Haberer	11	West Central Area	6-4
Jake Bahnmler	12	Warroad	6-4
Brandon Erichsen	11	Kasson-Mantorville	6-2 ¾
Aaron Staples	12	Hutchinson	6-3
Jake Gabor	12	Pine Island	6-3
Andy Wendroth	12	Zumbrota-Mazeppa	6-3
Darius Clare	9	Delano	6-3
Paul Wagner	11	Fisher/East Grand Forks SH	6-3
Derek Alderks	11	Northfield	6-2
Zach Womeldorf	10	Northfield	6-2
Dayo Ologunde	12	Rosemount	6-2
Bertrand Doh	12	Andover	6-2
Turner Tracy	12	Mounds View	6-2
Tony Kablan	10	Roseville Area	6-2
Michael Woods	12	Spring Lake Park/St. Anthony	6-2
Jovon Myles	11	Osseo	6-2
Michael Woodward	12	Burnsville	6-2

Nate Tibbetts	11	Eden Prairie	6-2
Arsenio Ross	10	Hopkins	6-2
Tho Kieu	12	Minneapolis Southwest	6-2
Joshua Allen	11	Minnetonka	6-2
Jonas Schwanemann	12	Wayzata	6-2
Chris Golv	12	Chisago Lakes	6-2
Nick Shafer	12	Grand Rapids	6-2
Kendall Smith	11	St. Cloud Apollo	6-2
Cole Hanson	11	Stewartville	6-2
Jake Peymann	12	Fairmont	6-2
Tim Peterson	12	Minnesota Valley Lutheran	6-2
Amos Bessler	12	United South Central-AC	6-2
Kenton Johnson	12	Yellow Medicine East	6-2
Cody Allen	12	Jordan	6-2
Eric Spengler	11	St. Croix Lutheran	6-2
Eric Rose	12	Glencoe-Silver Lake	6-2
Casey Lipp	11	Breckenridge/Campbell-Tintah	6-2
Ryan Hoelscher	12	Browerville/Eagle Valley	6-2
Derek Schmidt	11	East Grand Forks	6-2

POLE VAULT

Casey Kedrowski	12	Sauk Rapids-Rice	14-9
Stephen Koecher	12	Blaine	14-9
Jacob Wolter	11	Lakeville North	14-7
Bryan Atwood	12	Mankato East	14-6
Jordan Mogck	12	Mounds View	14-6
Zack Gowdy	12	Burnsville	14-6
Bobby Downs	12	Chaska	14-3
John Pollack	12	Irondale	14-3
Andrew Norman	12	Maple Grove	14-3
Gabe Hymer	12	Apple Valley	14-3
Toney Banks	12	Apple Valley	14-0
John Merchant	12	Bloomington Kennedy	14-0
Zech Bertilson	12	Elk River	14-0
Matt Koivisto	12	Hibbing	14-0
Karl Novak	11	Lake City	14-0
Steven Lewis	12	Foley	14-0
Raphael Gelo	11	International Falls	14-0
Caleb Coffee	12	Milaca	13-9
Mitch Hagen	12	Pelican Rapids	13-9
Davis Thomas	12	Wayzata	13-8
Nathan Iillis	12	Perham	13-8
Blake Weimerskirch	10	Robbinsdale Armstrong	13-7
Nolan Berg	12	Tri-County/G-MR/Badger	13-7
Andrew Fuller	11	Faribault	13-6
David Shaffer	12	Rosemount	13-6
Dan Sandor	11	Stillwater Area	13-6
Michael Hinton	11	Coon Rapids	13-6
Josh Hendricks	10	Eden Prairie	13-6
Tanner Ties	11	Lewiston-Altura	13-6
Erik Romsdahl	11	St. James	13-6
Brandon McCabe	12	Esko	13-6
Peter Erickson	11	Irondale	13-5
Adam Starr	11	Mankato West	13-3
Zach Rudolph	12	Sauk Rapids-Rice	13-2
Ethan Carlson	11	Plainview	13-2
Joe Donner	12	Lakeville South	13-0
Drew Feuk	11	New Prague	13-0
Evan Zachman	10	St. Michael-Albertville	13-0
Matt Masloski	12	Park	13-0
Cole Stenquist	12	Anoka	13-0
Yoni Seevers	10	Irondale	13-0
Matt Piersak	11	Mounds View	13-0
Patrick Hayden	9	Robbinsdale Armstrong	13-0
Shaize Schuette	10	St. Francis	13-0
Bryan Fischer	11	Sartell-St. Stephen	13-0
Patrick Peterson	11	Murray County Central	13-0
Lucas Krueger	11	St. Croix Lutheran	13-0
William Brenny	11	Foley	13-0
Matt Oltrogge	12	Mayer Lutheran	13-0
Andrew Stoen	12	Minnewaska Area	13-0
Taylor Knight	10	Walker-Hackensack-Akeley	13-0

SHOT PUT

Trey Davis	12	Farmington	61- ¾
Tyler Kleinhuisen	12	Forest Lake	61- ¼
Matt Maresh	12	Glencoe-Silver Lake	57-6 ½
Casey Dehn	10	Owatonna	57-3 ½
Todd DeJong	12	Hopkins	56-2
Justin Brown	12	Rushford-Peterson/Houston	56-1 ¼
Andy Enyi	12	Lakeville North	55-9 ¼
Derall King	12	Henry Sibley	55-1
Mike Shaver	12	Owatonna	55- ¾
Martell Lightfoot	12	St. Paul Harding	54-10 ½
Anthony Jacobs	12	Northfield	54-2 ¼
Tom Sawyer	12	Winona	53-10 ¾
Nate Solors	12	Elk River	53-9 ½

Ross Hillukka	12	Buffalo	53-9
Tyler Velzke	12	Waterville-Elysian-Morristown	53-7 ¼
Eric Walechka	12	Le Center/Cleveland	53-7 ½
Brian Leonhardt	11	Spring Lake Park/St. Anthony	53-7 ¼
Matt Schwartz	12	Forest Lake	53-1 ¼
Tim Juba	12	Park	52-10
Tom Lyscio	11	Brainerd	52-8 ¾
Gerard DeWet	12	Lewiston-Altura	52-8 ½
Sean Matti	12	Roseville Area	52-8
Marc Jennings	12	Mankato West	52-7 ¾
Paul Meyers	12	Plainview-Elgin-Millville	52-7
Aaron Thauwald	11	Kingsland	52-6 ½
Bryce Koke	12	Bloomington Jefferson	52-2 ½
Randy Erickson	12	Hutchinson	52-1 ½
Ryan Orton	12	Eden Prairie	52- ½
Joe Plante	11	MACCRAY	52-0
Patrick Schwartz	12	Park	51-11 ¾
Jake Brinkman	12	Mayer Lutheran	51-10 ½
Corey Tutewohl	12	Farmington	51-8
Matt Benson	11	Grand Rapids	51-8
Ross Schulz	11	Bloomington Kennedy	51-7 ¾
Joseph Johnson	11	Mounds View	51-6 ½
Mike Schwanke	12	Lakeville South	51-3 ¾
Micah Hegerle	11	Kasson-Mantorville	51-2 ¾
Andrew Northenscald	12	Mankato West	51-2 ½
Darin Underhill	12	Brainerd	51-2
Jandre DeWet	12	Lewiston-Altura	51-1
Kyle Grimm	11	Barnum	50-10
Jared Thompson	11	Blaine	50-9 ¼
Devin Dirth	11	Apple Valley	50-6 ¾
John Walsh	12	Rosemount	50-5 ¾
Kenny Klein	11	Forest Lake	50-5
Chris Heil	12	Blaine	50-3 ¾
Eric Zingleman	12	Andover	50-3
Matt Anderson	12	Hibbing	50-3
John Howard	12	Big Lake	50-3
Jose Meregotte	12	White Bear Lake	50-2 ¾

DISCUS

Mike Shaver	12	Owatonna	183-1
Matt Schwartz	12	Forest Lake	175-11
Andy Norman	12	Winona	174-9
Justin Brown	12	Rushford-Peterson/Houston	173-10
Micah Hegerle	11	Kasson-Mantorville	173-8
Jake Brinkman	12	Mayer Lutheran	172-3
Sean Matti	12	Roseville Area	170-1
Casey Dehn	10	Owatonna	169-7
Trey Davis	12	Farmington	168-9
Mike Gorski	12	Eden Prairie	165-11
Tyler Kleinhuizen	12	Forest Lake	165-2
Brian Leonhardt	11	Spring Lake Park/St. Anthony	164-11
Pat Sveum	12	Rochester Century	163-1
Joe Plante	11	MACCRAY	162-4
Jesse Courier	12	United South Central-AC	162-0
Patrick Schwartz	12	Park	160-0
Tyler Velzke	12	Waterville-Elysian-Morristown	160-0
Kyle Gilbert	12	Robbinsdale Armstrong	159-10
Tony Sigrist	11	Byron	158-4
Aaron Thauwald	11	Kingsland	157-8
Randy Erickson	12	Hutchinson	157-7
Jared Lachner	11	Andover	157-0
Ryan Ackman	10	Litchfield	157-0
Dan Weihrauch	12	Sartell-St. Stephen	156-10
Jared Christensen	11	GFW/McLeod West	156-7
Wade Powers	11	New London-Spicer	156-0
Elijah Buecksler	11	Rosemount	155-8
Eric Zingleman	12	Andover	155-6
Andrew Northenscald	12	Mankato West	155-1
Bryce Koke	12	Bloomington Jefferson	154-0
Nick Miller	12	Bloomington Kennedy	153-8
Tom Compton	12	Rosemount	153-6
Chris Heil	12	Blaine	153-6
Dan Loughran	12	Holy Family Catholic	153-0
Jordan Waiwaiole	11	Spring Lake Park/St. Anthony	152-10
Justin Peterson	12	Mayer Lutheran	152-1
Todd DeJong	12	Hopkins	151-0
Eric Solo	11	International Falls	150-6
Andy Kovalik	12	Eagan	150-3
Sam Maresh	11	Champlin Park	150-0
Ross Hillukka	12	Buffalo	149-7
Casey Orgon	11	Bemidji	149-7
Marc Jennings	12	Mankato West	148-10
Jeff Stocker	12	Mankato Loyola	148-10
Michael Spampinato	10	Eveleth-Gilbert	148-10
Jose Alba	11	Staples-Motley	148-6
Joey Hanson	11	East Grand Forks	148-6
Micah Steward	12	Minneapolis Washburn	148-5
Corey Tutewahl	12	Farmington	148-2
Brennan McKeag	11	Apple Valley	147-4